

Basara Educational and Welfare Society

Annual Report: 2023-2024



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"I used to worry about my children's health during the winter. Now, I know they're safe and warm." –

Sakli Devi from Vaishali

Voice of a mother of 2 children about the Basara Educational and Welfare Society

Executive Summary

Basara Educational and Welfare Society is committed to improving the lives of underprivileged communities in Bihar. This report highlights our key achievements during the year 2023-2024. Our focus on basic health check-ups, blanket donation camps made a tangible difference. Our health checkups identified 144 individuals with diabetes and 194 individuals with high blood pressure, providing critical early intervention. We successfully conducted 3 blanket distribution camps, reaching 1200 beneficiaries.

Introduction

Since its inception in May 2021, Basara Educational and Welfare Society is dedicated to promoting health, education, and empowerment in underprivileged communities. With a strong presence in Bihar, our organization has been working tirelessly to address critical issues affecting vulnerable populations. Our team consists of experienced professionals committed to making a positive impact through sustainable and community-driven initiatives.

Our Vision

Our vision is to engage more people in the fight for better Life, education & Health of needy people & women empowerment.

Our Mission

Our mission is to enhance quality of life for all and create lasting solutions to poverty, hunger, and social injustice. To provide support build capacity and integrate individuals into main stream society who have traditionally been suppressed personal, social, economic, and political domains.

Objectives:

To support its vision and mission BEWS has considerable objectives which are as follows:

1. To open a college to revive the dreams that were sacrificed due to a lack of money
2. To promote education, awareness, skills, and IT by establishing educational institutions, centres, hostels, and vocational training programs.
3. To empower women to face harsh realities and counter-violence within the home and society through education, self-help, cooperatives, networking, and access to rights.
4. To reduce poverty by improving the economic status of individuals through income-generating activities.
5. To empower youth and adolescents by providing vocational and skill development training for sustainable livelihoods and employment.
6. To rehabilitate child labourers and educate children about their rights.
7. To improve the health status of communities through medical camps, health education, and awareness programs for underprivileged populations in remote villages.
8. To eradicate illiteracy.
9. To promote gender equality.

The Basara Educational and Welfare Society has expertise in many areas of activity that give wings to its vision and mission.

1. **Women's Awareness Programme:** This program aims to educate women about their rights, health, and opportunities.
2. **Cultural Programme:** Under this program, events and activities are organized to preserve and promote cultural heritage, fostering community spirit and cultural pride.
3. **Women's Empowerment:** This program focuses on providing women with the skills, education, and resources needed to achieve economic and social independence.
4. **Training Programme & Workshops:** Practical sessions and courses that equip participants with specific skills and knowledge for personal and professional development.

5. Seminars & Conventions: These events focus on community development and individual growth.
6. Medical and Awareness Camps: These camps focus on providing communities with health practices and disease prevention, especially in underserved areas.
7. Youth Empowerment: This program aims to equip youth with the skills, confidence, and opportunities needed to become active, responsible members of society.

Basara Educational and Welfare Society is dedicated to empowering underprivileged communities through holistic development. This report outlines our key activities and their impact during the year 2023-2024.

"I'm so grateful for this health checkup. I did not know I had diabetes until they told me. Now, I can start taking care of myself."

– Ramnath Manjhi- A farmer from Vaishali

Health Checkup Campaigns: A Catalyst for Early Disease Detection



Basara Educational and Welfare Society (BES) played a pivotal role in promoting preventive healthcare through seven comprehensive health checkups conducted across Muzaffarpur, East & West Champaran, and Vaishali districts. These initiatives

focused on early detection of diabetes and high blood pressure, significantly impacting the lives of 1617 individuals.

Key Highlights:

- **Early Disease Detection:** A total of 144 individuals were identified with diabetes and 194 with high blood pressure, enabling timely medical intervention.

- **Comprehensive Care:** Beyond diabetes and hypertension, 1279 patients received treatment for other ailments.
- **Drug Distribution:** A total of 1147 drugs were distributed to patients in need.
- **Community Partnerships:** Collaboration with local healthcare providers ensured the delivery of high-quality services.
- Collaborations with local healthcare providers ensured the quality of services.

Ramnath Manjhi, a farmer from Vaishali, had been feeling unwell for months. He was tired, had frequent headaches, frequent urination and often felt dizzy. Worried about his health, he attended one of BEWS's health checkups. To his surprise, the doctors diagnosed him with diabetes. With early intervention and medication, Ramnath Manjhi's condition improved significantly. He was able to return to his work and enjoy a better quality of life.

Table 1: Health Checkup Camp Details: Total Number of Health Checkup Camps: 7

S. No	Date	Place	No. of Patients attended	Number of Drugs Distributed	Diabetic	High Blood Pressure	Other Disease
1	03-04-2023	Basara Shukl, Saraiya Muzaffarpur	214	161	24	27	163
2	14-07-2023	Middle School Manain	195	118	21	28	146
3	24-09-2023	Sahebganj	344	284	24	31	289
4	18-10-2923	Kesariya	314	212	30	44	240
5	25-11-2023	Mushhar Tola Jagiraja, Saraiya Muzaffarpur	114	80	7	12	95
6	08-01-2024	Sahebganj Bazar, Asha Diagnostics Centre	218	148	21	29	168
7	26-03-2024	Sahebganj Bazar, Asha Diagnostics Centre	218	144	17	23	178

		Grand Total	1617	1147	144	194	1279
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"This blanket has been a lifesaver during the cold winter months. My children can finally sleep comfortably." – Anita Devi - Muzaffarpur

Blanket Donation Camps:

To address the challenges faced by the underprivileged during winter, **Basara Educational and Welfare Society** organized 3 blanket donation camps at 3 different locations. These camps provided essential warmth and dignity to 1200 beneficiaries, including women, children, and elderly individuals. Partnerships with local government administration were instrumental in the success of these initiatives.



Anita Devi, a single mother of two from Muzaffarpur, struggled to provide for her family during the harsh winter months. Her children would often fall ill due to the cold, and she had no way to keep them warm. When she received blankets from BEWS, it brought a sense of relief and hope. Her children were able to stay healthy and comfortable, and she was able to focus on providing for them without the added worry of their well-being.

Table 2: Blanket Donation Camp Details: Total Number of Blanket Donation Camps: 3

S. No	DATE	PLACE of Camp	Number of BLANKET
1	21-01-2024	BASRA BAZAR SARAIYA MUZAFFARPUR	1000
2	22-01-2024	SEMRA NIZAMAT SAHEBGANJ MUZAFFARPUR	100
3	23-01-2024	KESARIYA EAST CHAMPARAN	100
		Grand Total	1200

Impact and Achievements:

Basara Educational and Welfare Society's efforts have made a significant impact on the lives of underprivileged communities in Bihar

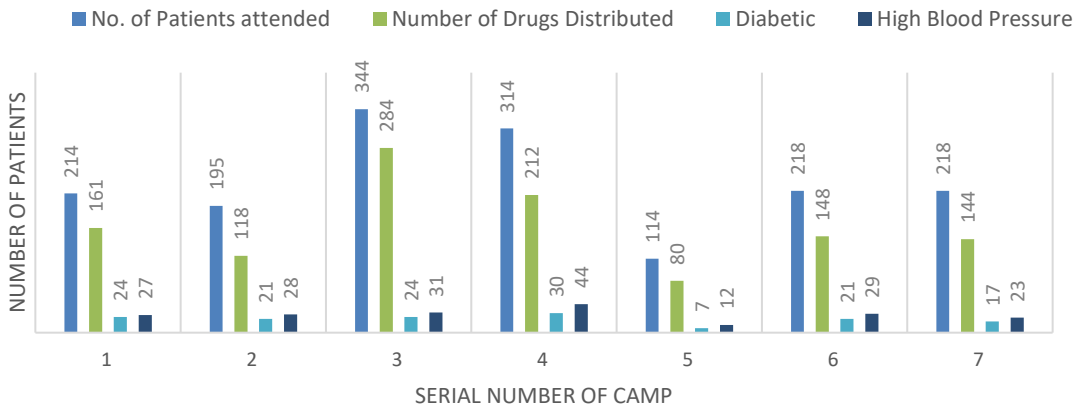
Overall Impact

- **Improved Health Outcomes:** The health checkups contributed to early disease detection, prevention, and better health outcomes for thousands of individuals.
- **Enhanced Well-being:** The blanket donation camps provided much-needed relief and improved the quality of life for underprivileged communities.
- **Community Empowerment:** Basara Educational and Welfare Society's initiatives demonstrated a commitment to social welfare and empowered vulnerable populations.
- **Positive Social Impact:** The organization's efforts have made a significant contribution to the health and well-being of the communities it serves.

“Our health checkups are more than just screenings; they are a lifeline for those who often lack access to essential healthcare. Early diagnosis is key to preventing serious health complications and improving overall well-being.” –

Dr. Parmeshwar Ojha- Secretary BEWS

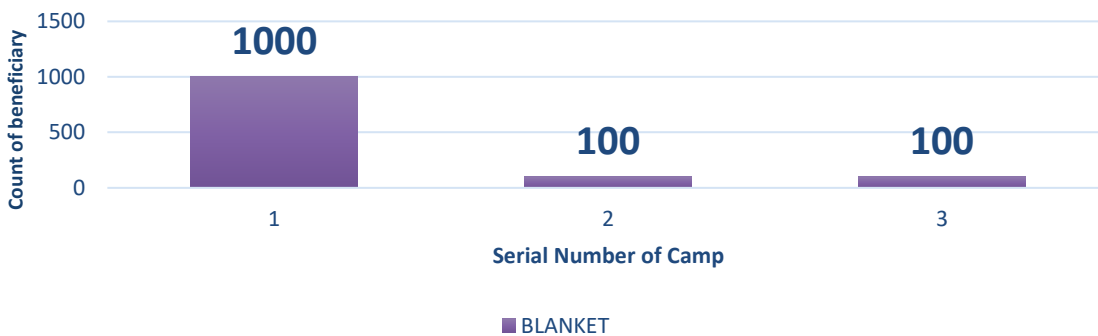
DETAILS OF MEDICAL HEALTH CAMPS



“Our blanket donation camps symbolize our dedication to ensuring that everyone, regardless of their circumstances, has access to basic necessities like warmth. It's a small gesture with a big impact on their lives.” –

Manish Kumar - EC Member BEWS

BLANKET DONATION CAMP



"Voices of Impact"

"This blanket is more than just a piece of cloth; it's a symbol of hope for our family. We're so thankful for the support." –

A father of three from Muzaffarpur express his feelings after receiving blanket from Basara Educational and Welfare Society

"The doctors were so kind and explained everything to me in a way I could understand. I feel like I have a better understanding of my health now." –

A young man from West Champaran

"I was shivering so much, I couldn't sleep. Now, thanks to this blanket, I can finally get a good night's rest." - A young mother

from East Champaran

"Before, I was afraid to leave my house during the winter because of the cold. Now, I can go about my daily chores without worrying." –

An elderly woman from Muzaffarpur

A Community Transformed

The village of Mushhar Tola Jagiraja, Saraiya, located in Muzaffarpur district, was plagued by various health issues. Many residents suffered from diabetes, high blood pressure, and other chronic illnesses. BEWS's health checkups provided a much-needed solution. The villagers were able to get their health checked, receive treatment, and learn about preventive measures. As a result, the overall health of the community improved, and the villagers felt empowered to take charge of their well-being.

Third Annual Day Celebration Ceremony

On 21st January 2024, the Basara Educational and Welfare Society proudly celebrated its third annual day Ceremony at Basara Bazar, Main Road, Muzaffarpur, Bihar. The event was organized by the Basara Educational and Welfare Society with the aim of celebrating women empowerment and highlighting the importance of education in transforming the lives of women in the region.



The theme of the event was:

“Nari Sashaktikaran Vichar Ghoshti and Nari Samman Karyakram”



The event commenced with the inauguration by Ms. Shalini Mishra, MLA from Kesariya, and Mr. Ashok Kumar Singh, MLA from Paroo, who together lit the ceremonial lamp. In her address, Ms. Mishra emphasized the role of education in women’s empowerment and reiterated the importance of providing women with the knowledge and tools to take control of their futures. She acknowledged the continued efforts of Chief Minister Mr. Nitish Kumar in uplifting women across the state.



Dr. Parmeshwar Ojha, a retired medical professional and long-standing supporter of our initiatives, was recognized for his

exceptional contributions over the past several years. His unwavering commitment to improving the lives of the underprivileged and marginalized women of the region was applauded.

Our key message for the event was:

"Empowering women in Bihar is not just about education; it is about giving them the tools and confidence to shape their own futures. With each woman empowered, we move a step closer to a stronger and more progressive Bihar."



The event witnessed the gracious presence of several notable dignitaries, including BJP leader Mr. Bhupal Bharti, former head Mr. Ashfaq Alam, Mr. Saroj Singh, Dr. Anand Kumar Mishra, Dr. Abhishek Kumar, and Mr. Arvind Kumar, whose continued support is invaluable to our cause.

As we concluded the ceremony, we reflected on the progress we have made in the last year, and reaffirmed our commitment to advancing women's education and empowerment. The Third Annual Day Ceremony was a remarkable milestone for our organization, and we look forward to continuing our efforts to create lasting change in the lives of women in Bihar.



Financial Overview

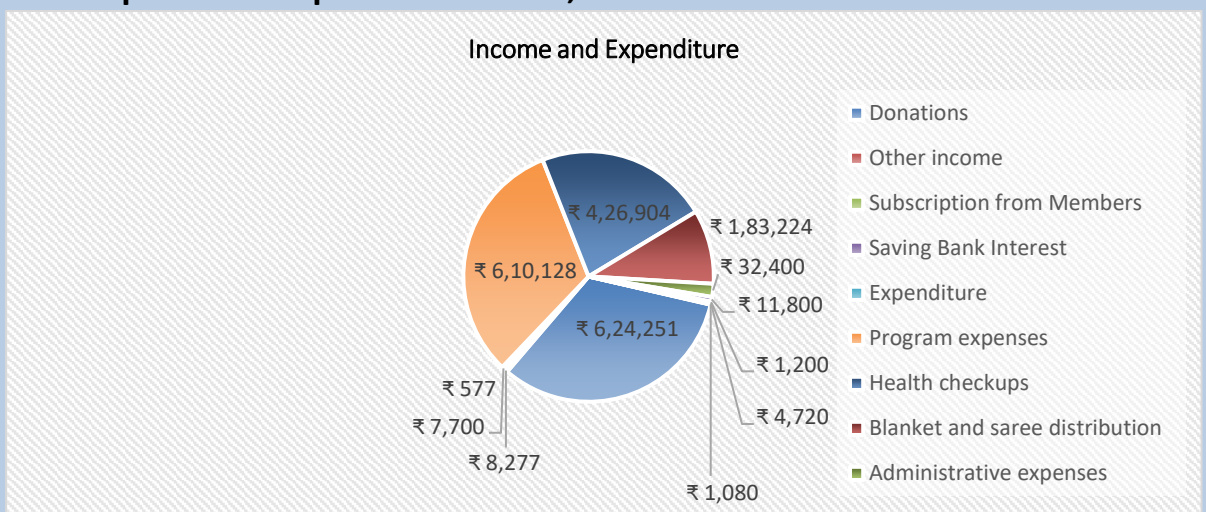
Basara Educational and Welfare Society is committed to transparent financial management. The following provides a summary of our income and expenditure during the fiscal year 2023-2024:

Income

- Donations: INR 624,251
- Other income: INR 8277
 - Subscription from Members: INR 7,700
 - Saving Bank Interest: INR 577

Expenditure

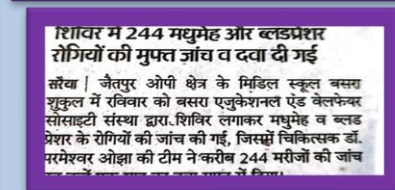
- Program expenses: INR 610128
 - Health checkups: INR 426,904
 - Blanket and saree distribution: INR 183,224
- Administrative expenses: INR 32400
 - Audit Fees: INR 11,800
 - Conveyances Expenses: INR 1,200
 - Telephone Expenses INR: 3,600
 - POS Machine Rent Paid: INR 4,720
- Net Surplus Over Expenditure: INR 1,080



Glimpse of Media Coverage:

1. <https://bewsindia.com/bews/gallery>
2. <https://www.newindianexpress.com/good-news/2023/Jan/29/a-doctor-in-bihar-but-with-archaeological-interests-2542223.html>
3. <https://timesofindia.indiatimes.com/city/patna/overworked-bihar-cops-turn-diabetic/articleshow/3697373.cms>

Basara Educational and Welfare Society 's work has garnered significant media attention. The positive coverage has helped raise awareness about the challenges faced by underprivileged communities and inspired support for our cause.



नारी शक्ति जब गरजती है तो इतिहास बदल जाता है: शालिनी मिश्रा

दम्पत्यण केसरी मुजफ्फरपुर

जिले के सरैया में एजुकेशनल एंड वेलफेयर सोसायटी के तृतीय वार्षिक उत्सव के अवसर पर नारी सशक्तिकरण विचार गोष्ठी एवं नारी सम्मान समारोह का उद्घाटन करते हुए केसरिया के विधायक शालिनी मिश्रा ने बोली कि नारी शक्ति जब गरजती है तो इतिहास बदल जाता है। इन्होंने कहा कि नारी शिक्षित व जागरूक होती है तो परिवार व समाज को बदल देती है। बिहार में आने वाले दिनों में नारी परचम लहराएंगी। विगत पंचायत चुनाव में 56 प्रतिशत सीटें महिलाएं जीती हैं। नारी सम्मान व सशक्तिकरण की बात आती है तो मुख्यमंत्री नीतीश कुमार से अलग नहीं सोचा जा सकता है। हर क्षेत्र में महिलाएं को

आरक्षण देकर सम्मान देने का काम मुख्यमंत्री ने की है। इन्होंने बोली कि सेवानिवृत्त चिकित्सक डा परमेश्वर ओझा द्वारा की जा रही समाज सेवा को भूलाया नहीं जा सकता। समारोह में परमेश्वर ओझा द्वारा एक हजार गरीबों के बीच कम्बल बांटा गया है। यह कबिले तारीफ काम है। मैं इनके प्रति आभार प्रकट कर रही हूँ। इस अवसर पर पारू विधायक

अशोक कुमार सिंह ने कहा कि सेवा निवृत्त चिकित्सक डा परमेश्वर ओझा द्वारा आयोजित नारी सम्मान कार्यक्रम सराहनीय है। इन्होंने गरीबों के बीच कड़कें की ठंड में कम्बल वितरण कर समाज सेवा का मिशाल पेश किया है। भाजपा नेता भूपाल भारती ने कार्यक्रम को संबोधित करते हुए कहा कि वास्तव में डा परमेश्वर ओझा अपने जीवन काल

से ही समाज सेवा की है। आज नारी सम्मान समारोह का आयोजन कर बसरा में एक बेहतर सामाजिक पहल किया है। कार्यक्रम में धन्यवाद ज्ञापन करते हुए डा परमेश्वर ओझा ने कहा कि मैं सेवकाल में भी गरीबों की मदद की है। आज भी सेवा भाव से ही नारी सम्मान कार्यक्रम व कम्बल वितरण कार्यक्रम का आयोजन किया गया है। समारोह में 1000 गरीबों के बीच कम्बल का वितरण किया गया है। समारोह को पूर्व मुखिया अशफाक आलम, सरोज सिंह, डा आनंद कुमार मिश्रा, डा अभिषेक कुमार, अरविंद कुमार आदि ने संबोधित किया। समारोह में गरीबों के बीच शालिनी मिश्रा ने संस्था के माध्यम से कम्बल बांटा। दलित, महादलित एवं गरीबों के बीच कंबल का वितरण किया गया।

हि हिन्दुस्तान

सरैया, हिन्दुस्तान संवाददाता। बसरा में रविवार को बसरा एजुकेशनल वेलफेयर सोसायटी की ओर से नारी सशक्तिकरण विचार गोष्ठी एवं नारी सम्मान समारोह का आयोजन किया गया, जिसका उद्घाटन केसरिया की विधायक शालिनी मिश्रा एवं पारू विधायक अशोक कुमार सिंह ने संयुक्त रूप से दीप जला कर किया। विधायक ने कहा कि नारी का शिक्षित होना जरूरी है। सीएम नीतीश कुमार हमेशा से महिलाओं के उत्थान के लिए प्रयासरत हैं। पारू विधायक ने कहा कि सेवानिवृत्त चिकित्सक डॉ. परमेश्वर ओझा पिछले कुछ वर्षों से लगातार गरीबों व महिलाओं के उत्थान के लिए कार्य कर रहे हैं, जो सराहनीय है। इस मौके पर भाजपा नेता भूपाल भारती, पूर्व मुखिया अशफाक आलम, सरोज सिंह, डॉ. आनंद कुमार मिश्रा, डॉ. अभिषेक कुमार, अरविंद कुमार आदि मौजूद थे।

Our Future Endeavours

Building upon our successes, Basara Educational and Welfare Society is committed to expanding our reach and impact in the coming year. To achieve this, we have developed the following strategic initiatives:

1. **Comprehensive Hygiene Education:** Implement a comprehensive training program for primary school children to promote basic hand hygiene and sanitation practices.
2. **Menstrual Health Empowerment:** Launch a targeted program to address menstrual health and hygiene among girls aged 10-18 in government schools. Our aim is to reach 100 schools and support 6,000 girls within this age group.
3. **TB Patient Support:** Establish the "Nikshay Mitra Program" to provide nutritional supplements to TB patients throughout their treatment, ensuring their well-being.
4. **Disaster Relief:** Distribute dry ration kits to flood-affected communities in Bihar to alleviate immediate needs.
5. **Palliative Care Services:** Offer compassionate palliative care services to terminally ill cancer patients, providing comfort and support during their final stages of life.
6. **Government Facilitation for Cancer Patients:** Develop a program to assist cancer-affected patients in accessing government-supported treatment facilities in major cancer centers in Bihar.
7. **Community Health Initiatives:** Continue to organize health check-up camps and blanket donation drives to address the needs of vulnerable populations.
8. **Government Grant Pursuit:** Actively seek opportunities to participate in government projects, RFPs, and EOIs that align with our organizational vision and mission.

Acknowledgements

Basara Educational and Welfare Society would like to express sincere gratitude to our donors, volunteers, partners, and supporters for their unwavering commitment to our cause. Your contributions have made a significant difference in the lives of countless individuals.

Contact Us

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